

### ***Typical Cost***

Cost for a typical AAU season will vary depending on the number of tournaments, overnight trips, etc. Listed below is what would be included with the fee that the parent/player will incur during a typical season. Any costs associated with overnight trips (hotel, food, etc.) are not included.

### **Included in Cost**

Game Jerseys  
Shorts  
Shooting Shirt  
Gym Bag  
AAU Membership  
Gym Time  
Coaches Stipend  
6-7 Regional Tournaments  
(including state tournament)

### **Fund Raising**

There are fund raising opportunities available for those who are interested.

### **Additional Offerings**

**The Central Connecticut Hoopstars also offer the following services:**

#### **Fall Clinics & League**

#### **Individualized Skills Clinics**

- **Ball Handling**
- **Shooting**
- **Post Play**
- **Conditioning**

**The Hoopstars also help our older players with the college selection/recruiting process**



Marty Russo  
15 Doherty Drive  
Wallingford, CT 06492  
Phone: 203-269-8899  
E-mail: martin.russo@honeywell.com  
www.cthoopstars.com

Central Connecticut  
Hoopstars AAU  
Basketball

**Girls AAU Program**



## ***History of The Hoopstars***

The Central Connecticut Hoopstars boys' AAU basketball program began in 1999. The girls program began in 2009. During that inaugural season we were comprised of two teams and twenty players. Now, we have over ten teams in various age groups. The Hoopstars offer year round programs which include fall clinics and spring travel teams.

The program is based out of Wallingford, CT and



includes kids from many Connecticut towns.

The philosophy of the program is to teach our players the game of basketball and make them have a fun and positive experience. This is accomplished initially by providing a high quality coaching staff.

All of our coaches have had some experience coaching, officiating or playing at the high school or college level. They bring invaluable experience and profes-

sionalism that has been reflected in the growth and success of the program.

The Hoopstars have grown into one of the top programs in the state. Something we hope to accomplish with the girls program as well. We have now had two "senior" classes graduate the program. From those 20 boys 15 are now playing college ball at some of the top Division 3 academic and basketball schools. All 10 of our boys from this year's U17 team will be playing college ball

## **Typical Season**

A typical spring season begins with tryouts that are normally held initially in the fall and then again in late February or early March. Players who make the team will be notified by their coach. Practices will begin at the end of March or beginning of April. Players are expected to attend practices. At the outset teams will normally practice two times a week. Once the season begins teams will continue to practice 1-2 times a week. Practices will take place in Wallingford or a surrounding town. This will be determined by gym availability, coaches, etc.

## **Tournaments**

AAU Tournaments are held on weekends in loca-

tions throughout the country. Boys' Hoopstar teams play primarily in the Northeast with the exception being "national" teams who in the past have traveled to Orlando, Cocoa Beach, Virginia Beach, Little Rock, New Orleans and other locations to compete in national tournaments. U16 and U17 teams also compete in what are called "exposure" tournaments. College coaches are allowed to come and watch and our program has had very good success sending players to some of the top Division 3 schools in the country.

At the outset of the girls program we will play locally in Connecticut with hopefully one overnight trip. The number of tournaments will be anywhere from 4-7. The Hoopstar organization will help with hotel arrangements. We are normally able to get discounts on hotels when we have a group staying at the same place. Kids stay with parents.

Tournaments normally consist of 3-4 games. All kids will play in every game, not necessarily equal minutes. Playing time should be evaluated on an entire weekend, not on just one game. Remember, AAU basketball is a commitment. Please make sure you are willing to make this commitment.



Marty Russo  
15 Doherty Drive

Phone: 203-269-8899  
E-mail: [martin.russo@honeywell.com](mailto:martin.russo@honeywell.com)  
[www.cthoopstars.com](http://www.cthoopstars.com)